## **CLAIMS**

We claim:

1	1.	A method for facilitating vehicle ingress and egress with a vehicle including at	
2	least one row of back seats coupled to the vehicle in a seat track and having a vehicle		
3	stadium/slide seat system, with each back seat having a seat cushion and seat back, the		
4	method comprising the steps of:		
5		manipulating a flip-forward mechanism associated with at least one of the	
6	back seats;		
<del>,</del>	·	rotating the seat cushion; and	
8		moving the back seat in the seat track to a pre-selected position.	
1	2.	The method of claim 1, wherein the pre-selected position is one of an easy-	
2	entry position and a design position.		
1.	3.	The method of claim 1, including the step of locking the back seat in the pre-	
2	selected posit	tion.	
1	4.	The method for facilitating stowing of the back seats of a vehicle having at	
2	least one row	of back seats coupled to the vehicle in a seat track, with each back seat having a	
3	seat cushion and seat back, the method comprising the steps of:		
4	X .	manipulating a stow lever associated with at least one of the back seats; and	
5		rotating the seat back to a position adjacent to the seat cushion.	
1	5.	The method of claim 4, including the step of rotating the seat back to a design	
2	position.		
1	6.	The method of claim 4, including the step of moving the seat along the seat	
2	track to a pre-selected position.		
1	7.	The method of claim 6, including the step of locking the seat in the pre-	
2	selected position.		

1	ο.	A venicle stadium/sinde seat system mounted on one side of a venicle seat,
2	with the vehic	le seat coupled to a vehicle in a seat track and with the vehicle seat having a
3 .	seat cushion a	nd a seat back, the vehicle stadium/slide seat system comprising:
4		a flip-forward mechanism comprising:
5		a linkage assembly coupled to the seat track;
6		a seat bracket coupled to the linkage assemble and the seat
7		cushion;
8		and
9		an easy-entry lever coupled to the linkage assembly and
0		configured to release a track engagement device coupled to the
.1		linkage assembly, wherein the vehicle seat can be moved to one
2		of a design position and an easy-entry position;
.3		and
4		a stow lever coupled to the seat back and configured to lock and
.5		release the seat back and allow the seat back to rotate to one of a
6		design position and a stowed position.
1	9.	The yehicle stadium/alide seet system of aloim 9, wherein the yehicle
1	9.	The vehicle stadium/slide seat system of claim 8, wherein the vehicle
2	stadium/slide	seat system is configured to operate from either side of the vehicle seat.
1	10.	The vehicle stadium/slide seat system of claim 8, including a locking device to

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lock the seat in a position along the seat track.